

WEDNESDAY NIGHTS

On 3 Wednesday nights there will be brief teachings on the **Power of our Words** coupled with worship and prayer. As we prepare to enter into a new year, what better way to begin than to purpose in our hearts to draw closer to the Lord in our personal lives, families and church.

As we draw near to God, He promises to draw near to us (James 4:8)... and to revive all who come to Him in humility, prayer and repentance.

2 - Words of Life & Death

9 - Words of Worship & Thanksgiving

16 - Words of Warfare & Release

“With the tongue we praise our Lord and Father, and with it we curse human beings, who have been made in God’s likeness. ¹⁰ Out of the same mouth come praise and cursing. My brothers and sisters, this should not be.” James 3:9-10

JANUARY EVENTS

Power Of Words Teaching
Sanctuary, 7 PM
2, 9, 16

Sunday Evening Prayer
Sanctuary, 6 PM
6, 13, 20

Tuesdays & Thursdays
Half Hour of Power Prayer
8:00-8:30 AM
Memorial Chapel
8, 10, 15, 17, 22

Ladies Celebration Service
Lighthouse Auditorium, 7 PM
18

Special Service
Sanctuary, 7PM
Worship and testimonies
23

21-Day Challenge

January 2—23, 2019



No complaining
No griping
No gossiping

“The tongue has the power of life and death, and those who love it will eat its fruit.” Prov. 18:21

| JANUARY 2019 | | | | | | |
|--|-----------|---|---|---|--|-----------|
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
| ARE YOU READY TO TAKE THE CHALLENGE? | | ¹ New Year's Day | 2 Power of Words Teaching Begin 21 Day Challenge | 3 | 4 | 5 |
| 6 Second Sunday @6 | 7 | 8 Half Hour of Power Prayer 8-8:30 am | 9 Power of Words Teaching | 10 Half Hour of Power Prayer 8-8:30 am | 11 | 12 |
| 13 Second Sunday @6 Communion | 14 | 15 Half Hour of Power Prayer 8-8:30 am | 16 Power of Words Teaching | 17 Half Hour of Power Prayer 8-8:30 am | 18 Ladies Celebration Service at 7pm | 19 |
| 20 Second Sunday @6 | 21 | 22 Half Hour of Power Prayer 8-8:30 am | 23 Special Testimony Service End 21 Day Challenge | 24 | 25 | 26 |
| 27 Everyone is invited to participate | 28 | 29 | 30 | 31 | 21 DAYS OF PRAYER & FASTING NO GRIPING NO COMPLAINING JANUARY 2-23 | |

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WHEN YOU FAST



PURPOSE:

To totally surrender ourselves to God, to seek a deeper relationship with Him through self examination.

To boldly go before God with honesty and an unguarded heart as we seek His will during the fast.

To transform our lives to more of God and less of ourselves.

To accept His will in our circumstances and seek His strength for the outcome.

FASTING:

It's a decision with a purpose for a designated amount of time, and is very personal.

It is a time to focus on God, praising Him, thanking Him in prayer as He guides us through whatever our petition may be.

It's a willingness to seek Him for direction on what our fast will include and give Him thanks for His will as we wait on Him.

Our determined fast may include abstaining from: social media, electronics, television, or any other activity; it can be fasting food, along with anything that is appropriate to your petition.

Intentions for a fast can be to be freed from bondages, worldly mindsets, addictions, abuse, health issues, along with any personal need or request.

MIND:

Our thought life is something we can all struggle with. At times, we may have no control over what thoughts enter into our minds, but we are able to take control of these thoughts. God's Word can help us to recognize our thoughts for what they really are, and how to respond to them.

Let this be a time to identify areas of your life that need to change. To decide to grow closer to God through prayer and fasting making yourself available for all that God has for us.

BODY:

Fasting affects the total person—mind, body and spirit. Your faith allows for a sense of balance and wholeness. It can be refreshing as it can provide spiritual clarity, cleansing of the soul, and renewal of faith and energy.

Dietary* fasting has health benefits. Fasting of food will lower important numbers such as cholesterol, blood sugars, weight, and possibly blood pressure.

*Those with medical issues need caution for fasting. (We recommend checking with your physician before starting any fast with a significant change in your diet.)

Tip: Don't forget to drink lots of water during all fasts.

SPIRIT:

Prayer and fasting can help us to hear more intently what the Spirit of God is saying. He lives inside of every true Christian and attests that we belong to Christ. He will give us guidance, discernment and empowerment – directing us into truth as we listen and yield to the Word.

Fasting is not to be put on display, however it can be shared with family and friends to achieve an agreed upon petition.

Let's do this together. Let's bring our petitions and requests to our God who can do what we cannot...and His Word says, "When you fast" Matthew 6:16, not if you fast.

So...what will your fast be?

RESOURCES:

Visit us in the lobby between Sunday services and before Wednesday service for questions and answers, recipes for fasting, along with available handouts. A list of themes to pray for during the Challenge will be available as well, and questions to ask yourself as you write in your journals.

We invite you to journal your journey during the Challenge. Journals can be purchased in the Bethany Bookstore.

Let's begin in 2019
refreshed in
Mind...Body...Spirit

"And when you fast, don't make it obvious, as the hypocrites do, for they try to look miserable and disheveled so people will admire them for their fasting. I tell you the truth, that is the only reward they will ever get." Matthew 6:16