

## **Cry Out to the Lord**

**Psalm 77:1** *"I cried out to the Lord...and He gave ear to me."*

### **Day of Personal & Family Prayer**

**Welcome!** God desires for each of us to call out to Him, to develop a deeper closeness with Him, to hear what He has to speak into our lives, as well as laying our requests before Him.

**Getting ready to pray...**Take a time to get alone with God for your own personal time. If you have family, you may wish to take some time around breakfast, lunch, dinner, or another time that works. Every family situation is different, so ask the Holy Spirit to help and guide you. There is no better way to enter into prayer than by reading the Bible, and by thanking and praising God for who He is as well as what He has done!

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**Starter:** What is something that you see as a strength in your life, and why? What is something that you see as a weakness in your life, and why? Are all weaknesses in our life sin? How can God use weaknesses in our lives? Look at 2 Corinthians 12:9

#### **FOCUS #1 - Cry out to God for forgiveness, restoration, and strength.**

- **Cry out to the Lord for personal cleansing and your need of the Lord's forgiveness and strength.** "Create in me a clean heart, O God, and renew a right (willing) spirit within me" Psalm 51:10. "If we confess our sins, he is faithful and just to forgive us and cleanse us from all unrighteousness" 1 John 1:9.
- **Cry out to the Lord for His strength in those areas of your life that you feel inadequate or unequipped to handle.** "He gives power to the weak and strength to the powerless" Isaiah 40:29.
- **Cry out to the Lord for family members that need to be brought into a right relationship with God.** "But God demonstrates his own love for us in this: While we were still sinners, Christ died for us" Romans 5:8.

**Application:** In what *specific* area(s) do you need to ask for God's forgiveness? Who might you need to ask for forgiveness from in your circle of family, friends, and others?

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**Starter:** Have you ever found yourself lost and confused in some way? What did you do? How did you find your way? Are there are areas of your life you still feel uncertain about?

#### **FOCUS #2 - Cry out to the Lord for guidance and direction.**

- **Cry out to the Lord to direct and lead you.** "Trust in the Lord with all your heart and lean not on your own understanding; in all your ways submit to him, and he will make your paths straight" Proverbs 3:5-6.
- **Cry out to the Lord for a greater trust in Him.** "Commit your way to the Lord; trust in him, and he will act" Psalm 37:5

- **Submit your work and plans to God.** Ask Him if your plans are in line with His. “Commit your work to the Lord, and your plans will be established” Proverbs 16:3

Application: Ask the Lord to guide your steps each day, and to make right decisions... “Thy will be done!” Ask him to help you trust him even when you can’t see the way. Ask him to lead you and use you in ways that will bring honor and glory to his Name.

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Starter: What is the difference between our wants and our needs? Do we always know what our true needs really are? Why or why not?

**FOCUS #3 - Cry out to the Lord for provision.**

- **Cry out to God for daily needs.** “Give us this day our daily bread” Matthew 6:11.

*“And my God will supply all your needs according to his glorious riches in Christ Jesus” Philippians 4:19*  
*“Delight yourself in the Lord, and he will give you the desires of your heart” Psalm 37:4*

- **Personal** – Ask God for the personal needs you have?
- **Family** – Bring your family’s needs before the Lord?
- **Others** – Who in your circle of relationships has a need? (to know Christ, healing, provision, etc.) Ask God to bring His perfect provision to their needs.

Application: Ask that your requests would be in line with His desires. Be sensitive to how God may also prompt you to minister to the practical needs of others as an answer to prayer.

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Closing Prayer: God, through all of these things may You receive all honor and glory! Thank you for hearing and ministering to these requests. In Jesus’ Name. Amen