



# **Planning for** ***Spiritual* Growth**

BETHANY  
ASSEMBLY OF GOD



## Spiritual Growth Assessment

This is not an exam or a competition! There are no right or wrong answers, only true answers. It is designed to help you think about your own Christian growth. As you complete the assessment, listen for God's voice to encourage and challenge you. Please try not to over-rate or under-rate yourself. An honest appraisal is most helpful for you. You might want to repeat it in the future and see what God has been doing in your life.

Name: \_\_\_\_\_

Date: \_\_\_\_\_

Use the following scale to respond to each statement:

- |                  |    |              |
|------------------|----|--------------|
| 5 = Always       | OR | Yes          |
| 4 = Usually      | OR | Probably     |
| 3 = Sometimes    | OR | Maybe        |
| 2 = Occasionally | OR | Probably Not |
| 1 = Never        | OR | No           |

1.	Abide in Christ	
1.1	I set aside time to be alone with God every day in Bible study/reading and prayer.	
1.2	When making choices, I seek God's guidance first.	
1.3	I experience life change as a result of my worship experiences and time with God.	
1.4	I maintain an attitude of prayer and listening to God throughout each day.	
1.5	Peace, contentment, and joy characterize my life rather than worry and anxiety.	
	<b>Total</b>	

2.	Christlike Character	
2.1	I forgive others when their actions harm me.	
2.2	I am patient and gentle towards others.	
2.3	I am not easily offended and am slow to react to insults.	
2.4	I put the needs and desires of others ahead of my own.	
2.5	I practice self-control in a variety of areas (i.e. food, entertainment, thought life, exercise) and regularly overcome temptations.	
	<b>Total</b>	

<b>3.</b>	<b>Fellowship</b>	
3.1	I prioritize meeting regularly with other Christians for worship, teaching, ministry, and prayer.	
3.2	I encourage other believers in their walks with Christ.	
3.3	I allow other Christians to hold me accountable for spiritual growth.	
3.4	I encourage unity among members of my church.	
3.5	I meet regularly with a smaller group of Christians.	
	<b>Total</b>	

<b>4.</b>	<b>Ministry</b>	
4.1	I understand my spiritual gifts and use them to serve others.	
4.2	I serve others, expecting nothing in return.	
4.3	I regularly serve in/with my church.	
4.4	I sacrificially contribute my finances to bless others and benefit the work of the Kingdom of God.	
4.5	I have a sense of calling in my work and seek to do it with all my heart.	
	<b>Total</b>	

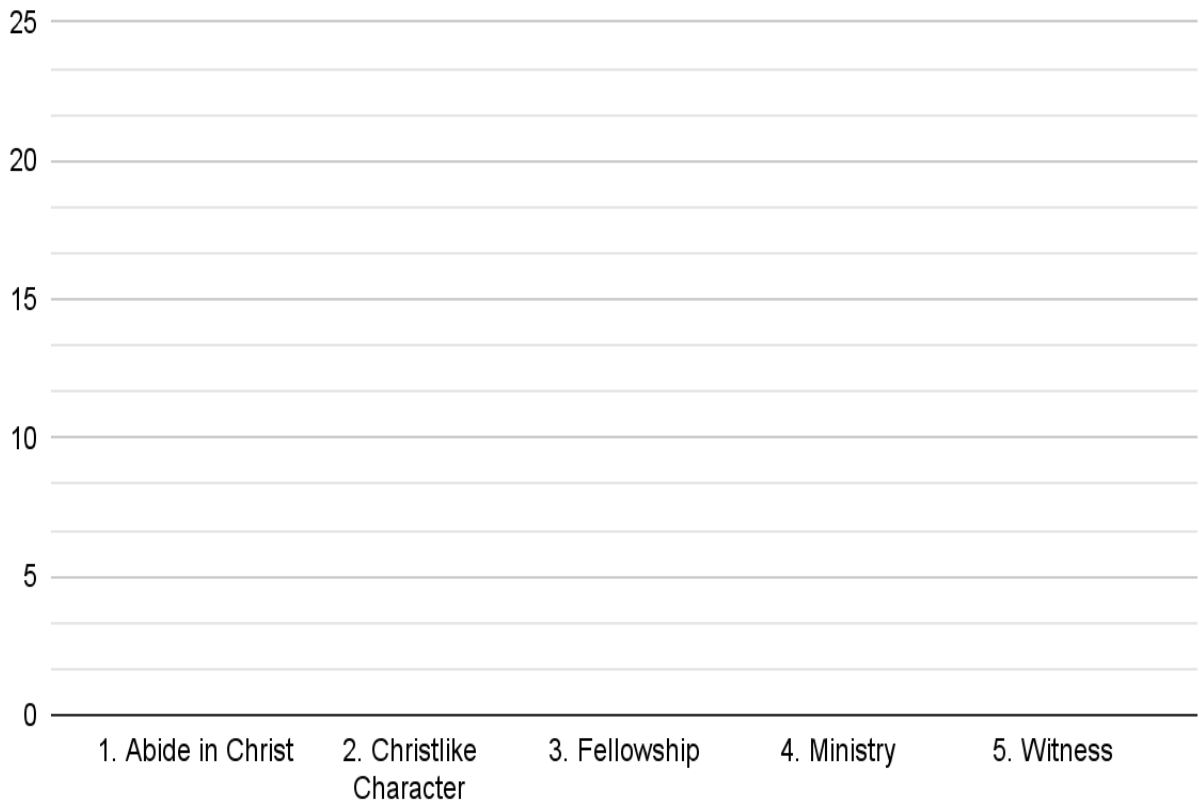
<b>5.</b>	<b>Witness</b>	
5.1	I regularly pray for unsaved friends and family, my community...	
5.2	I share my faith in Christ with non-believers.	
5.3	I regularly give to support missions and evangelistic works.	
5.4	I am prepared to share my testimony.	
5.5	My actions demonstrate a belief in and commitment to the Great Commission (Matthew 28:19-20).	
	<b>Total</b>	

Write your totals from the categories above:

1. Abide in Christ \_\_\_\_\_ 2. Christlike Character \_\_\_\_\_ 3. Fellowship \_\_\_\_\_  
4. Ministry \_\_\_\_\_ 5. Witness \_\_\_\_\_

Now, input your totals on the graph below to help you visualize your results.

## Spiritual Growth Graph



1. In which area of spiritual maturity are you strongest? \_\_\_\_\_

2. Where do you have the greatest room for improvement? \_\_\_\_\_

3. In what area(s) of Christlike character do you need to grow most (i.e. love, joy, gentleness...)

\_\_\_\_\_.

## Spiritual Growth Spurt Questions

When was the time in your spiritual life when you felt like you were growing the most?

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What factors contributed to this spiritual "growth spurt"? What made this time particularly powerful? (i.e. more free time to spend in prayer, greater hunger for God's Word, close knit Christian community, fewer distractions...)

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Which of those factors is it impossible for you to reproduce right now?

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Which of those factors could be reproduced?

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## Spiritual Growth Priorities

The top three areas the Holy Spirit is directing me to grow are:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

**Means of Growth**

: learning God's ways.

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: continually talking to God.

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: setting your mind on things above.

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: renewing hunger for God.

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: a discipline of contentment and trust.

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: being alone with God.

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: putting others ahead of yourself.

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: experiencing repentance, forgiveness, and encouragement with (an)other believer(s).

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: praising God, especially with other believers.

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: a discipline of joy in the Lord.

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: trusting God's work more than your own.

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: taking care of what belongs to God.

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: intentionally sharing the good news.

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